



# Preceptorship for Nurses, Midwives and Allied Health Professionals

## Welcome

### What is Preceptorship?

Preceptorship provides a structured period of support, guidance, and development for all newly registered practitioners.

This builds confidence and competence as you transition from student to autonomous professional and continues your journey of lifelong learning.

### Why is Preceptorship important?

- To provide support to all new registrants early in their career
- To support retention of new registrants
- To lay the foundations for lifelong learning

### What happens at Newcastle Hospitals?

#### We offer a 12 month preceptorship

With clinical support, a preceptor and a structured programme.

#### You will be allocated a Preceptor in practice

An experienced registrant who will provide you with support in your clinical setting.

#### Protected time for regular meetings with your Preceptor

A minimum of every three months to discuss progress and ensure relevant training has been completed.

#### Complete competencies and training relating to your specific area of practice

During the preceptorship period, facilitated by the Preceptor.

#### Preceptorship Programme

A five day face to face programme over the first year in practice including one study day each quarter and a clinical day between days 1 & 2.

The programme provides the opportunity to consolidate learning as well as peer and pastoral support and to understand Trust processes.

A range of topics are covered and you will implement a Quality Improvement Idea related to your area of practice.

#### Where can I find out more?

[Intranet > Support Services > Education and Workforce Development > Preceptorship](#)

# Preceptorship Programme

Preceptorship programmes are planned throughout the year.

For further information or to book, please contact [nuth.preceptorship@nhs.net](mailto:nuth.preceptorship@nhs.net)

## Day 1

- Transition from student to registrant
- Imposter Phenomenon
- Role and responsibility, accountability
- Self-reflection
- Emotional Intelligence



## Clinical Day

- Deteriorating Patients
- Safe Staffing
- Infection Prevention and Control
- Nutrition and Hydration
- Medication safety
- Insulin Safety

## Day 2

- Human Factors
- Clinical Supervision / Professional Nurse Advocates
- Leadership
- Wellbeing
- Quality Improvement Idea



## Day 3

- Team working
- Resilience
- Dealing with conflict/managing difficult conversations
- Communication
- Quality Improvement

## Day 4

- Raising concerns
- Make space for research
- Review of Quality Improvement
- Reflection
- Current Practice/Development, NMAHP Strategy

