

Therapy Services Strategy Meeting Highlights (8.03.23)



Our vision:

To enhance the quality of life, independence and wellbeing of the population using person-centred preventative, therapeutic, educational and enabling interventions, improving the physical, psychological and emotional health and wellbeing of individuals, families and communities.

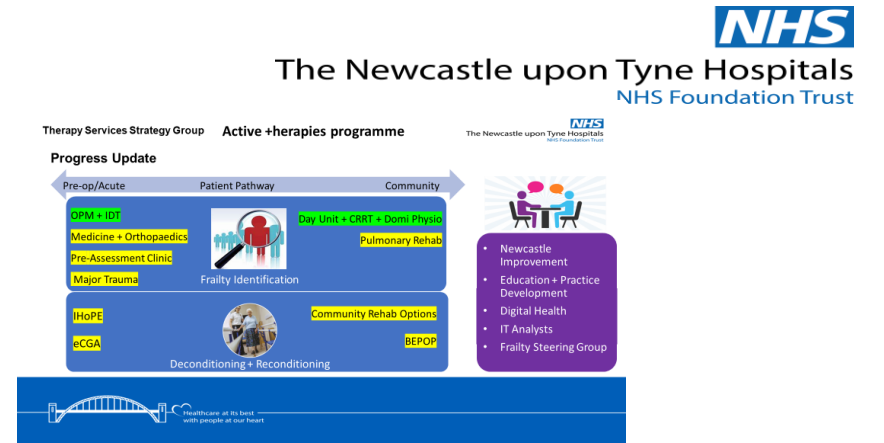
Who we are:

Therapy Services is comprised of 700 Occupational Therapists, Podiatrists, Psychological Therapists, Speech & Language Therapists, Dietitians, Physiotherapists, support workers, technical and admin staff, working together in multi-disciplinary teams across hospitals, community, education and primary care settings with adults, children and young people.



Ewan welcomed everyone to the strategy group meeting and shared the slides which cover our refreshed Therapy Services Strategy and our 6 priorities for the next few years. This strategy has also been submitted to be included as the Trust refreshes its strategy for the coming years. We will use our regular strategy group to continue working together to develop our priority work programme.

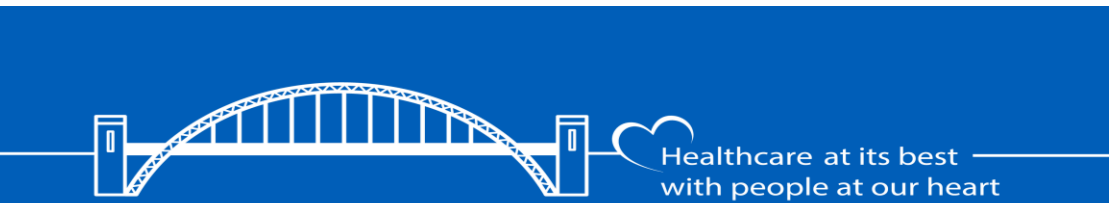
The theme of this strategy meeting was to introduce some of the work and ideas around our **“Active +herapies programme–coordinated programme of service development, improvement & research spanning Active Hospitals, Active Ageing & Active@Home prioritising early intervention, prevention, personalisation & health inequalities”**



First to present was Kate Hallsworth & Cath Turner who told us about *“Embedding physical activity in clinical care pathways: Active Hospitals Pilot”* Kate then went on to describe a proposal for *“AHP-Led Supported Self-Management Service for patients with non-alcoholic fatty liver disease”*

Lisa Robinson provided an update on her research project which seeks to *improve quality and reduce patient harms by co-designing a ward-based intervention to mitigate the effects of hospital-associated deconditioning for older patients during acute hospitalisation.*

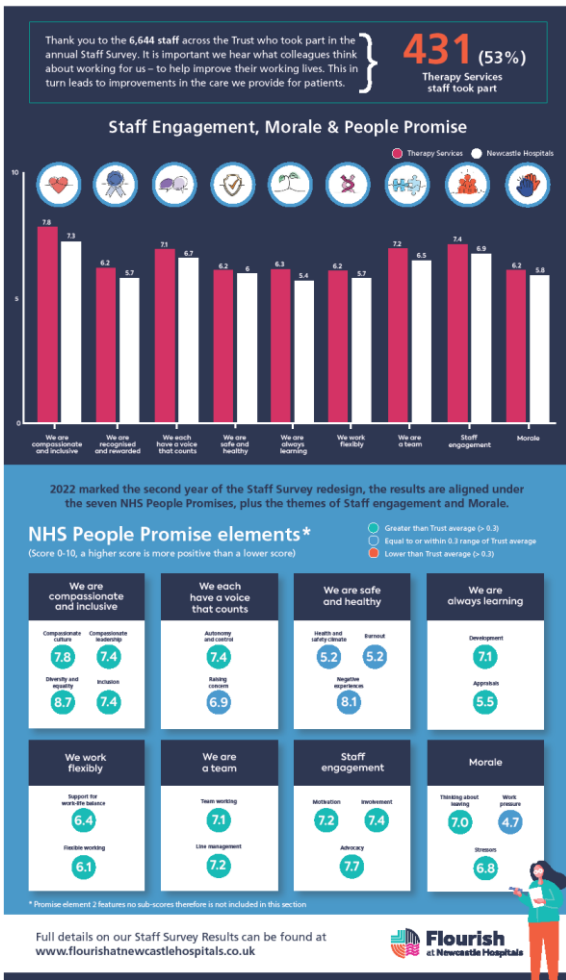
And finally, Charlotte Buckland presented on *Frailty and the aspiration that “All adults at risk of or living with frailty will be identified and receive timely, high quality and personalised physiotherapy, in the most appropriate setting, enabling them to optimise health outcomes.”* There was also reference to the recent BGS *Joining the Dots* publication with some key priorities to consider.





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Following the presentations, there was a broad discussion on the common themes being explored by these pieces of work and how it links with and develops some of our existing services and projects – deconditioning, frailty, being active, rehab & patient education approaches, staying steady and others. We agreed that we would be interested to be updated on progress and include other colleagues and projects that can help develop and contribute to this programme.

To view all the presentations discussed in this meeting, please visit the Strategy in Action section of the Therapy Services internet page.

Other agenda items discussed:

- To help visually represent the diversity and breadth of services and specialists across the hospital & community settings that we work across – a small group will work on a visual/infographic image.
- Finally, Carrie Miller updated on Sustainability as a key principle & one of our values – “We will champion innovation, technology and digitally-enabled service improvement, and with a focus on sustainability we will reduce our impact on the environment.”

Carrie will summarise some of the initiatives and ideas that we have developed which we will of course share with everyone.

And in our next Strategy Meeting.....

The next Therapy Services Strategy Meeting will take place on Wednesday 12th April and the theme for this meeting will be:

Developing and supporting our Therapy Services Workforce

There will be presentations from Gemma James, Emily Gilberg, James Callaghan, Nikki Coates and Odeth Richardson

A summary of the meeting along with presentations will be shared shortly after.

Our strategy will focus around 6 priority themes and associated programmes of work
Therapy Services Strategic Priorities & programmes of work

Developing and supporting our Therapy Services workforce – all of our workforce are at the heart of our current & future ability to provide safe, sustainable and effective services.

- We will further develop a detailed workforce, education and development plan.
- We will listen to and involve our staff to promote a workplace that is supportive, inclusive and supports their wellbeing.
- Develop an environment in which minoritised staff feel supported and valued enabling them to fulfil their potential and contribute fully to the benefit of the service & our patients.
- We will prioritise a range of initiatives to improve both recruitment & retention and include the development of a clear Support worker career pathway
- We will strengthen links with HEI's, research & academic partners and explore opportunities for joint appointments and sustainable clinical academic roles

