

Strategy in Action Meeting Highlights (25.10.23)



The Newcastle upon Tyne Hospitals
NHS Foundation Trust

Ewan Dick welcomed everyone to the “Strategy in Action” meeting which this month focused on the strategic priority of **Developing Adult Community Services**.



Jane explained how the virtual MDT had led to the creation of the **Diabetic Hot Foot Clinic** which has improved the equity of access to Vascular services from across the N3G and also for patients around the region via referrals from their local Diabetic Podiatry team which allows for the most appropriate planned elective treatment without delay resulting in improved patient outcomes, reduced hospital admission and readmission and reduced length of stay for patients.



First to present was Jane Arkle, Advanced Vascular Podiatrist who shared information about the weekly virtual **Diabetic Foot Team MDT** which facilitates input from Vascular surgeons, Foot and Ankle Orthopaedics, Diabetologist, Microbiologist, Radiologist and Podiatrists.



Next to present was Kate Lord-Castle, Kate McCallion, Catherine Atkins, Lisa Robinson and Emily Gilberg on **Care Home Education project**.

A move from face to face contacts during COVID and the impact on delivery of services to care home residents led to opportunities for innovative work and changes in practice across community Dietetics, Physiotherapy, Podiatry, Occupational Therapy and Speech and Language therapies.



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The care home project is delivering a suite of online digital educational modules across each therapy, to support care home staff in their referrals to community therapy services, as well as supporting and signposting management of key needs before the resident is seen.

The outputs demonstrate the opportunity to change practice, through education provision. As well as the potential to enhance referral and intervention practices as a result.



Our final presentation was by Andrew Wilkinson on the **Newcastle Specialist Community Psychology Service: Deep End Project**.

The specialist community psychology service works with patients with needs that fall between Primary and Secondary Care mental health services alongside the deep end GP network which champions general practice in areas of socioeconomic deprivation. Through good networks and a shared sense of challenges and potential solutions, the project looks at opportunities to innovate and improve equitable access to services when national service models don't "fit" local needs.

For the final part of the agenda, Carrie Miller facilitated discussion around how we could **embed and co-develop plans to address environmental sustainability** within Therapy Services.



Carrie started by asking for thoughts on whether we should adopt a cross-Therapy Services approach by encouraging Therapy Services wide initiatives and ideas, or should each service have a plan/set of ideas/green champion leads?

To help us the SHINE team has:

- developed a network of Green Champions; we have Green Champions in every department – the network shares info on key strategic Trust priorities, possible access to funding and case studies where colleagues have delivered 'green' impact.
- created a 10 step plan for departments

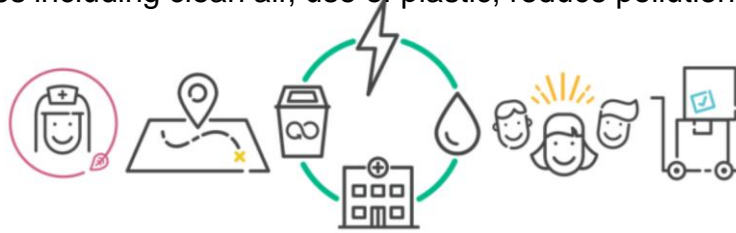


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James Callaghan explained that Dietetics and their green champions are looking at drafting their version of a 10 step plan to see where they are at and what they can do to be more green. This led to discussion on ideas around recycling - to include waste/recycling on local induction; reminding staff more often about recycling and making notices clearer as people want to recycle but don't always know how.

Carrie added it's important to re-use and therefore avoid waste, and to consider other key SHINE themes including clean air, use of plastic, reduce pollution, use of energy.



Carrie continued the discussion to ask how might we engage and encourage sharing our current work where we have green impact?

For example, for current and planned projects/service developments we could identify where we have delivered a positive environmental impact and share this widely, whilst for new service developments it was agreed we should consider impact on the environment, many will have 'green' consequences and we could highlight this.

Actions agreed:

- tailor the 10 step plan and include reference to how we approach new projects, service developments, to ingrain in our thinking.
- add a sustainability question on templates when designing a project; incorporate environmental sustainability into WMTY conversations.

- use the SusQI model to measure impact
- add sustainability to team meeting agendas for discussion

To find out more about sustainability, SHINE have produced lots of resources and case studies/projects [Intranet > Support Services > Sustainability](#). There is a section under Flourish on the Trust Intranet pages. [Shine Sustainable Healthcare - Flourish at Newcastle Hospitals](#)

The next Therapy Services Strategy in Action Meeting will take place on Wednesday 22nd November and the theme for this meeting will be:

Early Intervention, Prehab, ERAS Therapy and Rehab

Presentations will be on:

- Adult Weight Management and Counterweight – Conor Dermody and for Waiting Well - Siobhan Aston Cleary, Alison Barnes and Suzanne Livingstone
- LOCTS and St Oswald's - Penny Welford and Jen Skipsey
- New lung service in NCCC - Lilian Marcantonio
- Sir Bobby Robson Unit - Robynne Penny
- Enhanced Recovery Complex Surgery Work - Gemma Kindness and Hannah Wilkinson

Everyone is welcome at the Strategy in Action meetings, or just for this Sustainability section if interested. Please contact Tina Doyle if you would like to attend.