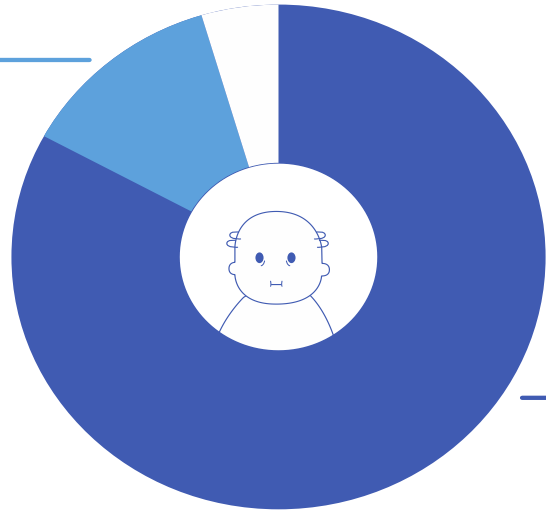


Introduction

10 days in hospital = 10 years of physical ageing



12% in the chair

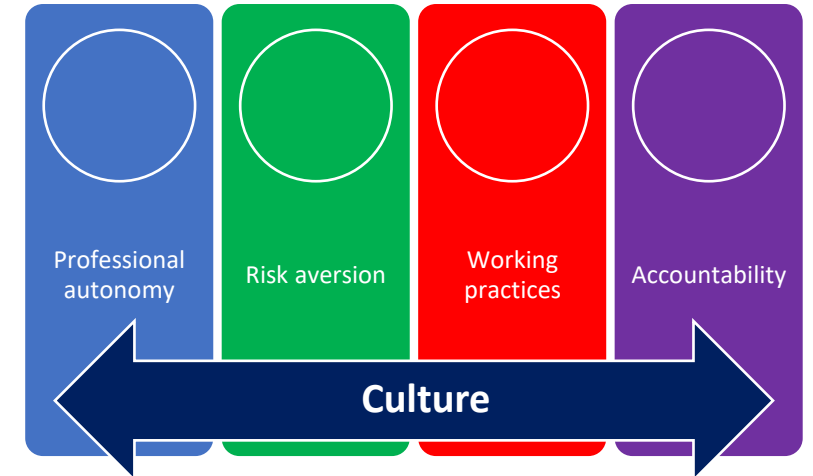


Improve quality & reduce patient harms

83% of hospital stay in bed



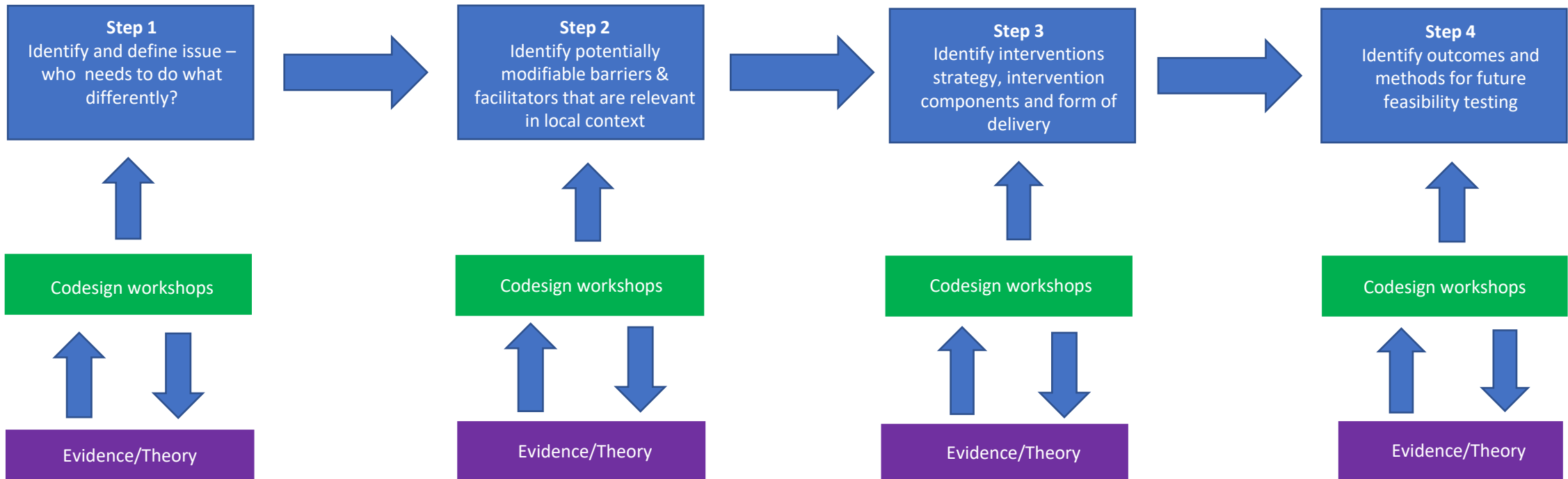
(Falvey et al, 2015; NAO, 2016)



Healthcare at its best
with people at our heart

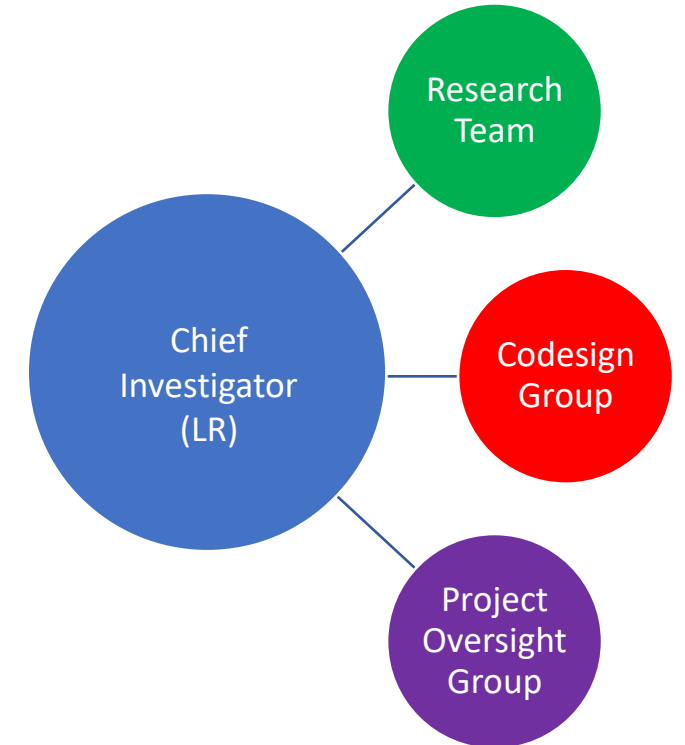
Objectives

Medical Research Council (MRC) Framework – Intervention Development Phase



Progress Update

- Chief Nurse Post-Doctoral Research Fellowship – 2 days/week for 12 months from early March 2023
- NHS Leadership Academy Rosalind Franklin Programme Cohort 45 from November 2022
- Collaboration with NIHR Applied Research Collaborative (ARC) NENC Science of Knowledge Implementation and Mobilisation (SKIM) Theme
- Stakeholder analysis in collaboration with Chief Nurse NMAHP Leadership Team and HoD for OPM



Next Steps

- Patient and public involvement and engagement via NIHR ARC NENC
- Finalise protocol for intervention development study
- Obtain necessary research approvals

