

Therapy Services – Project on a Page



Methods

PDSA cycles with interventions of bespoke teaching and assessment proforma redesign

Target Population

Physiotherapists in Older People's Medicine (OPM), working on Ward 31 at the Royal Victoria Infirmary

Results

At baseline – 0/114 (0%) had CFS score recording, this improved to 95/192 (49%), suggestive of effective change post interventions

Improved staff confidence scores

Wider gains – MDT frailty awareness

Aims and objectives

National guidance recommends that all healthcare professionals can identify frailty

Within 3 months, to achieve a 50% increase in the number of patients with a Clinical Frailty Scale (CFS) score recording within physiotherapy assessment

Measures

Weekly number of patients with a CFS score recording within physiotherapy assessment, collected over 14 weeks, evaluated on a run chart

Staff knowledge and skills self-assessment scores and cohort data described using descriptive statistics

Conclusion

Favourable behaviour change, improvement in recording of CFS score

Promotes a collaborative care approach

Next Steps

Wider implementation, develop local frailty competency framework

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