

Case Study:



Referral Details

Admitted 7.07.2022

Dysphagia. Impassible stricture due to squamous cell carcinoma. Planned for chemoradiation. Not fit for surgery.

Weight: 56.7kg Height: 1.53m BMI: 24.2kg/m²

Weight loss: 10.35kg = 15.45% in 8 months.

Assessment

08.07.2022 assessment of nutritional status and calculation of individual nutritional requirements. Feeding regime + oral intake instructions given to meet requirements

22.07.2022 patient seen on ward round and crying. Finding tube very uncomfortable and not able to manage feeds. Recommended gastrostomy for quality of life and discharge.

Dietetic Team:

Acute Adults

Details of Patient Group:

Upper Gastro-Intestinal

Actions

08.07.2022 initial assessment

22.07.2022 discussion with team to consider gastrostomy

02.08.2022 Radiologically Inserted Gastrostomy (RIG) placed

05.08.2022 started bolus tube feeds via RIG

08.08.2022 discharge home

Outcomes

Patient was able to be discharged home once RIG inserted and feeds changed to bolus from continuous. Nutritional needs met. Patient able to start chemo-radiotherapy. Improved quality of life.

Next Steps

Discussion within team for more proactive and patient-centred feeding approaches